

November 24 GF				
Week 1				
28	29	30	31	1
GF Cheese Pizza	Beef Tacos-Corn Tortilla (no taco seas.)	GF Chicken Tenders & GF Roll	Beef Nachos (no taco seasoning)	Beef & Cheese Philly on GF Bun
Turkey & Cheese Wrap on Corn Tortilla	Nacho Kidzable	Crispy GF Chicken Salad w/ GF Roll	American Sub on GF Bread	GF Ham Kidzable
Week 2				
4	5	6	7	8
Egg Bake & GF Toast	GF Pepperoni Pizza	Cheese Nachos	GF Chicken Tenders & GF Roll	Hamburger on GF Bun
GF Chicken BLT Salad w/ GF Roll	GF Bagel Kidzable	GF Fruit N Yo To Go Box	Blueberry Patch Parfait w/ Lucky Charms	Cheese Pizza Kidzable w/ GF Bagel
Week 3				
11	12	13	14	15
GF Pepperoni Pizza	Warm GF Blueberry Muffin & Omelet	GF Chicken Tenders & GF Roll	Beef Nachos (no taco seasoning)	Hamburger on GF Bun
GF Fruit N Yo To Go Box	GF Pepperoni and Cheddar Kidzable	Turkey Bacon Sub on GF Bread	GF Bagel Kidzable	Sunbutter & Jelly on GF Bread
Week 4				
18	19	20	21	22
GF Cheese Pizza	Hot Dog on GF Bun	Thanksgiving Meal	Warm GF Blueberry Muffin & Omelet	Chicken Alfredo with GF Pasta
American Style Wrap on Corn Tortilla	Turkey and Cheese Sandwich on GF Bread		Chicken Caesar Wrap on Corn Tortilla	GF Bagel Kidzable
Week 5				
25	26	27	28	29
Walking Taco (no taco seasoning)	Hot Dog on GF Bun	No School	No School	No School
Bacon Chix Ranch Wrap on Corn Tortilla	GF Turkey Kidzable			

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SEPT 2-6

OCT 7-11

W1, D1	W1, D2
GF Pepperoni Pizza	GF Chicken on GF Bun
Ham & Cheese Wrap on Corn Tortilla	Warm GF Blueberry Muffin & Omelet
Roasted Broccoli Florets	Baked Cinnamon Apples
Garden Bar	Garden Bar
Assorted Milk	Assorted Milk

AUG 5-9

SEPT 9-13

OCT 14-18

W2, D1	W2, D2
Sloppy Joes on GF Bun	Hot Dog on GF Bun
American Style Wrap on Corn Tortilla	GF Penne & Meat Sauce
Smile Fries	Roasted Broccoli Florets
Garden Bar	Garden Bar
Assorted Milk	Assorted Milk

AUG 12-16

SEPT 16-20

OCT 21-25

W3, D1	W3, D2
Orange GF Chicken & Brown Rice	Hamburger on GF Bun
Bacon Chix Ranch Wrap on Corn Tortilla	Sunbutter & Jelly on GF Bread
Roasted Carrots	Green Peas
Garden Bar	Garden Bar
Assorted Milk	Assorted Milk

AUG 19-23

SEPT 23-27

OCT 28-NOV 1

W4, D1	W4, D2
GF Cheese Pizza	Beef Tacos-Corn Tortilla (no taco seas.)
Turkey & Cheese Wrap on Corn Tortilla	GF Bagel Kidzable
Tater Tots	Steamed Corn
Garden Bar	Garden Bar
Assorted Milk	Assorted Milk

AUG 26-30

SEPT 30-OCT 4

NOV 4-8

W5, D1	W5, D2
GF Pepperoni Pizza	GF Spaghetti & Meat Sauce

Turkey & Cheese Sandwich on GF Bread

Tater Tots
Garden Bar
Assorted Milk

Sunbutter & Jelly on GF Bread

Roasted Broccoli Florets
Garden Bar
Assorted Milk

K5 School Lunch Program (2014+ Meal Pattern)

Week 1

W1, D3

GF Chicken Tenders & GF Roll

Sunbutter & Jelly on GF Bread

Roasted Green Beans

Garden Bar

Assorted Milk

W1, D4

Beef Nachos (no taco seasoning)

Turkey Bacon Sub on GF Bread

Refried Beans (no cheese)

Garden Bar

Assorted Milk

Week 2

W2, D3

GF Chicken Tenders & GF Roll

**Double Berry Parfait w/ Lucky Charms
NO DYE: Double Berry Parfait w/ Cheerios**

Steamed Corn

Garden Bar

Assorted Milk

W2, D4

Warm GF Blueberry Muffin & Omelet

Cheese BLT Sub on GF Bread

Baked Beans

Garden Bar

Assorted Milk

Week 3

W3, D3

Walking Taco (no taco seasoning)

**Just Peachy Parfait w/ Lucky Charms
NO DYE: Peach Parfait w/ Cheerios**

French Fries

Garden Bar

Assorted Milk

W3, D4

Popcorn GF Chicken Bowl & GF Roll

GF Cheese Pizza

Mashed Potatoes

Garden Bar

Assorted Milk

Week 4

W4, D3

GF Chicken Tenders & GF Roll

Crispy GF Chicken Salad w/ GF Roll

Roasted Green Beans

Garden Bar

Assorted Milk

W4, D4

Beef Nachos (no taco seasoning)

American Sub on GF Bread

Steamed Black Beans

Garden Bar

Assorted Milk

Week 5

W5, D3

Cheese Nachos

W5, D4

GF Chicken Tenders & GF Roll

GF Chicken Tenders & GF Roll

Baked Beans

Garden Bar

Assorted Milk

Blueberry Patch Parfait w/ Lucky Charms

NO DYE: Blueberry Parfait w/ Cheerios

Mashed Potatoes

Garden Bar

Assorted Milk

W1, D5

Hamburger on GF Bun

Fiesta Salad (no taco sesasoning)

Mashed Potatoes

Garden Bar

Assorted Milk

Assorted Juices

W2, D5

GF Cheese Pizza

Crispy GF Chicken Salad w/ GF Roll

Roasted Green Beans

Garden Bar

Assorted Milk

Assorted Juices

W3, D5

Warm GF Blueberry Muffin & Omelet

Ham and Cheese Sandwich on GF Bread

Baked Cinnamon Apples

Garden Bar

Assorted Milk

Assorted Juices

W4, D5

Beef & Cheese Philly on GF Bun

GF Ham Kidzable

French Fries

Garden Bar

Assorted Milk

Assorted Juices

W5, D5

Hamburger on GF Bun

GF Bagel Kidzable

Roasted Carrots

Garden Bar

Assorted Milk

Assorted Juices

