

Cross-Country Past Award Winners

Male Athlete's of the Year

<u>Most Valuable Athlete</u>	<u>Most Improved Athlete</u>	<u>Newcomer of the Year</u>
2015 C. Gottschalk/Z. Urkoski	2015 E. Mettenbrink/D. Ideus/N. Gustafson	2015 K.Stevenson/P. Kesselring/G. Duol
2014 Jacob Sloup	2014 Z. Potratz/A. Van Velson	2014 Elijah Hackbart
2013 Justin Gross/Brevin Sloup	2013 Bryce Kenney/Caleb Martin	2013 Evan Mettenbrink/Zach Potratz
2012 Jake Dexter	2012 Nathan Sorsen/Cale Miller	2012 Brevin Sloup
2011 Ethan Damman/J.P. Rech	2011 Josh George/Nathan Sorsen	2011 Jacob Sloup/Joe Schulz
2010 J.P. Rech/Ethan Damman	2010 Seth Lewis	2010 Jake Dexter/Justin Gross/T. Mann
2009 Grant Vlasin/Mark Wilcox	2009 J.P. Rech	2009 Ethan Damman
2008 Grant Vlasin	2008 S. Sloup/J.P. Rech	2008 Kevin Kophamer
2007 Tyler Hackbart	2007 Ryan Coufal	2007 John Cahoon
2006 Tyler Weatherholt	2006 Tyler Hackbart	2006 G. Vlasin/B. Novak/M. Wilcox
2005 Josh Meyer	2005 Robert Kuhlman	2005 Caleb Krenk
2004 S. Petersen/Josh Meyer	2004 Kyle Broderick	2004 T. Weatherholt/A. Powell
2003 Gavin Felix	2003 Jordan Powell	2003 Sam Petersen
2002 Jesse Prochaska	2002 Gavin Felix	2002 C. Sabatka/J. Meyer
2001 Tom Unger	2001 Jason Villalobos	2001 Craig Morgan
2000 Tom Unger	2000 Mitch Mueller	2000 Ross Mueller
1999 Erik Broderick	1999 Ben Martens	1999 Mitch Mueller
1998 Erik Broderick	1998 Ryan Gabehart	1998 B.J. Schulz
1997 Peter Hess	1997 Erik Broderick	1997 Shane Jackman

Female Athlete's of the Year

<u>Most Valuable Athlete</u>	<u>Most Improved Athlete</u>	<u>Newcomer of the Year</u>
2015 Alex George	2015 T. Bailey/C. Luebbe	2015 Kaylee Pekarek
2014 Madison Sloup/A. George	2014 Molly Suhr/M. Sloup	2014 Melaina Kroft/Josie Rathje
2013 Shelbi Sloup	2013 S. Sloup/A. George	2013 Mika Brees/Kelsey Sloup/Madison Sloup
2012 Shelbi Sloup	2012 Savannah Dodson	2012 Angel Roth/Alex George
2011 S. Sloup/T. Seaman	2011 Taylor Seaman	2011 Katelin Oborny
2010 Kelsey Christensen	2010 Marti Vlasin	2010 S. Sloup/L. Wilcox/F. Bohaty
2009 K. Christensen/N. Mueller	2009 Liz Damman	2009 H. Tvrdy/T. Seaman/M. Christensen
2008 K. Christensen/N. Mueller	2008 Kinzi Roth	2008 Jordan Seaman
2007 Anna Meyer	2007 Jenna Hoins	2007 Natasha Mueller/Kelsey Christensen
2006 Anna Meyer	2006J. Cochran/L. Kozisek	2006 L. Damman/D. Walker/L. Kongsjord
2005 Taylor Felix	2005 Anna Meyer	2005 J. Cochran/A. Cochran
2004 T. Felix/C. Niemoth	2004 Taylor Felix	2004 Anna Meyer
2003 A. Mueller/A. Jackman	2003 Ashley Elwell	2003 Lindsey Hofpar
2002 Alyssa Mueller	2002 Emily Unger	2002 Rachel Ness
2001 Christa Duncan	2001 Kari Smith	2001 A. Mueller/C. Niemoth
2000 Natalie Gooder	2000 Cameo Hofpar	2000 Christa Duncan
1999 Natalie Gooder	1999 Natalie Gooder	1999 Kari Smith
1998 Jessica Brandl	1998 Lori Pogreba	1998 Brittney Valenzuela
1997 Arianna Williams	1997 Arianna Williams	1997 Y. Wadas/K. Bennett

Teammate of the Year (Most Inspirational)

Zach Potratz/Alex George	2015
Angel Roth/Kelsey Sloup /Tom Gremel	2014
Sarah Chilcoat/Tony DeGroot/B. Sloup	2013
Taylor Seaman/Erin Miller/Seth Lewis	2012
Sarah Chilcoat/Ethan Damman/J.P. Rech	2011
Lea Kayton/John Cahoon	2010
Michelle Ness / Eric Ahrens	2009
Jenna Hoins/Ryan Coufal	2008
Kinzi Roth / Aaron Powell	2007
Brett Dovel / Lindsey Hofpar	2006
A. Elwell/Kaylee Hegeholtz/J. Hanseling	2005
Victoria Frey/Kyle Broderick	2004
Sarah Walz/Gavin Felix	2003
Emly Hartmann/Scott Dinslage	2002
Amy Hecker/Chad Eberspacher	2001

Cross-Country Runner of the Year

(Scholarship and Award in honor of Coach Holliday's mother Sharon)

2015 Alex George