May	2016					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	23	24	25	26	27	28
	Physical Night					
	5:00 pm-7:00 pm					
29	20	24				
29	30	31				
						Total Miles for
						the month:
June	2016					
34113	2010					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	
5	6	7	8	9	10	
						National Guard St. Lo Run
						7:00 am. I would
						like you to run o
						help with this.
12	13	14	15	16	17	10
12	13	FCA-CC Camp	FCA-CC Camp	FCA-CC Camp	FCA-CC Camp	18
		In Scottsbluff	In Scottsbluff	In Scottsbluff	In Scottsbluff	
19	20	21	22	23	24	25
	-			_		_
26	27	28				
			Wednesday Night			Total Miles for
			Run at CU @ 6 pm			Total Miles for the month:

	July	2016					
S	unday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1	2
	3	4	5	_	7	8	9
		Seward Optimist		Wednesday Night			
		Freedom 4th Run.		Run at CU @ 6 pm			
		7:00 AM					
	10		12	13			
		CC Camp @ H.S. 6					6pm
		Track @ 6:00 pm	Track @ 6:00 pm	Run at CU @ 6 pm	Track @ 6:00 pm	Track @ 6:00 pm	
		Little Kids Track Clu	ıb		Little Kids Track Cl	ub	
		At H.S. Track 7:00	om		At H.S. Track 7:00	pm	
	17	18	19	20	21	22	23
		CC Camp @ H.S.	CC Camp @ H.S.	CC Camp @ H.S.	CC Camp @ H.S.	CC Camp @ H.S.	
		Track @ 6:00 pm					
		Little Kids Track Clu			Little Kids Track C		
		At H.S. Track 7:00	om		At H.S. Track 7:00	pm	
	24	25	26	27	28	29	30
		Little Kids Track Clu	ıb	Wednesday Night			
		At H.S. Track 7:00	om	Run at CU @ 6 pm			Total Miles for
							the month:
	August	2016					
C			Tuesday	Wadnaaday	Thursday	Fridey	Coturdov
3	unday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1	2	3	4	5	6
H							
\perp							
	7	8	9	10	11	12	13
	14	15	16		18	19	20
		First Day of Practice		ol			
		Team Meeting	Early Dismissal				
Ц		3:45 in Mr. Pinkall's					
		Room. Practice after	Time				
H							
H							
H						Total Miles for	Total Miles for
H						the month:	
H						uic iiiolilii.	the summer:

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