

CENTRAL CONFERENCE 10 AT LUTJELUSCHE COURSE
TOP 20 TIMES FOR SEWARD SINCE 1991

MEN:

1. TOM UNGER	16:02	00
2. PETER HESS	16:13	97
3. ERIK BRODERICK	16:32	97
4. ETHAN DAMMAN	16:43	10
5. J.P. RECH	16:53	10
6. BEN NEUJHAR	17:09	93
7. MITCH MUELLER	17:18	00
8. JAKE DEXTER	17:35	10
9. JACOB STOLL	17:48	97
10. KELBY NITZ	17:52	00
11. SHANE JACKMAN	17:53	00
12. STEPHEN DORCEY	17:59	99
13. MARK BIANCO	18:02	97
14. JASON JISA	18:03	97
15. MATT DINSLAGE	18:12	97
16. JEFF HUEVESCHMON	18:14	90
17. B.J. SCHULTZ	18:15	98
18. MIKE REIFENRATH	18:17	96
19. JOHN BLEVENS	18:17	93

(BEFORE 2010 + 30 SECONDS)

WOMEN:

1. KELSEY CHRISTENSEN	15:39	10
2. SHELBI SLOUP	16:21	10
3. LAUREN WILCOX	17:10	10
4. MCKENZIE CHRISTENSEN	17:11	10
5. NATALIE GOODER	17:22	00
6. MARTI VLASIN	17:32	00
7. JESSICA BRANDL	17:42	99
8. ARIANNA WILLIAMS	17:52	96
9. CAMEO HOFPAR	18:03	00
10. CHRISTA DUNCAN	18:04	00
11. BRITTNEY VALENZUELA	18:06	00
12. FAITH BOHATY	18:21	10
13. LIZ BLOMEMBERG	18:19	00
14. MELISSA SCHLOTMAN	18:27	93
15. ALEX MATZKE	18:40	00
16. KRISTINA SALTZMAN	18:53	99
17. LORI PROGREBA	19:00	96
18. ERIN SLOUP	19:08	00
19. LEA KAYTON	19:27	10
20. AMY HECKER	19:27	99

(BEFORE 2010 + .10 SECONDS)